

EVA LONGORIA *On why the 42-year-old will try anything and everything when it comes to beauty*

WRINKLE REVOLUTION *10 surprising things you can do right now to make a big difference in how you will age*

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THE BEAUTY AUTHORITY

SIMPLE SECRETS

BEFORE

GET AN INSTANT

SEXY

YOUNGER

GREAT

FIGHT

TO LOOK AMAZING

& AFTERS

BEAUTY UPGRADE

BODY

IN 24 HRS

SKIN

FAT

SPECIAL ISSUE

JAW-DROPPING MAKEOVERS

125 FAST + EASY FIXES

Megarwatt SMILE

If your smile is tarnishing your image and creating an aged or weathered appearance, a minor tweak may be all you need to turn back the hands of time. Be it veneers, whitening, gum work or a combination of the three, as well as other treatments, your smile is one thing you can't hide behind.

BEFORE



Dark, dingy teeth

Fed up with her stained teeth that were unresponsive to bleaching treatments, this woman sought Houston cosmetic dentist Bret C. Davis, DMD, who made her smile whiter in just two visits.

"Her teeth darkened with age, and bleaching them wouldn't work," says Dr. Davis.

AFTER



Bright, beautiful smile

Dr. Davis used natural-looking porcelain veneers and crowns (10 on the top and 10 on the bottom) to eliminate the darkness.

Her teeth were lengthened with a gum-lasering procedure, which expanded her smile and made it look more harmonious.

BEFORE



Worn-out bonding

Prior to this makeover, this patient had failing old bonding material that had become chipped and discolored.

She wanted an overall improvement that would enhance the color and shape of her teeth for a prettier smile.

AFTER



Picture-perfect teeth

Austin, TX, cosmetic dentist Elizabeth Lowery, DDS, used a combination of eMax porcelain crowns and porcelain veneers to change the look of her smile.

With added brightness and a uniform shape and length, her smile radiates a youthful appeal.



Oral Care at Its Best

Regular flossing and brushing is key in keeping your smile white and your teeth clean. **Boka Classic Kit** contains all of the necessary oral hygiene essentials—they are chemical-free, too—for a healthy smile.

\$16, boka.com

IN HARMONY

Your smile should always complement your face and the two should look like they belong together. "That means the shape, as well as the arrangement and proportion of your teeth and gum tissue, act to enhance your lips and face," says Atlanta cosmetic dentist Ronald Goldstein, DDS. "There should be no worn teeth because that can age your smile, especially if your front teeth have been shortened." The best way to address any discrepancies between your face and smile is through a consultation with a cosmetic dentist, who can explain which features may be overpowering or distracting.